

# American Academy of Pain Management

## 21<sup>ST</sup> ANNUAL CLINICAL MEETING

September 21-24, 2010, Caesars Palace, Las Vegas, NV

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### ATTENDEE INFORMATION (PLEASE PRINT OR TYPE)

Name \_\_\_\_\_ Clinical License(s) \_\_\_\_\_

Company, Facility, or Clinic Name (Required if Pain Program Accredited Facility) \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ Street \_\_\_\_\_ Zip \_\_\_\_\_

Daytime Phone \_\_\_\_\_ Email (required) \_\_\_\_\_

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### Pre-Meeting Registration (Tuesday, September 21, 2010)

<input type="checkbox"/> Interventional Treatments for Pain (Cadaver) \$1250	<input type="checkbox"/> Hypnosis (Part II) \$ 275	<input type="checkbox"/> Myofascial Pain \$ 300
<input type="checkbox"/> Practice Management \$ 225	<input type="checkbox"/> Osteopathic Manipulation \$ 300	<input type="checkbox"/> Proper Prescribing for Chronic Pain \$ 225
<input type="checkbox"/> Hypnosis \$ 75	<input type="checkbox"/> Motivational Interviewing \$ 275	<input type="checkbox"/> Physical Therapy for Pain Management \$ 225

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### Clinical Meeting Registration (Wednesday, Thursday, Friday)

	Early Bird	After 7/16/2010	On-Site Amount Paid
<input type="checkbox"/> Member*	\$ 375	\$ 420	\$ 475
<input type="checkbox"/> Registration with 1 year Membership	\$ 570	\$ 615	\$ 670
<input type="checkbox"/> Non-Member	\$ 550	\$ 585	\$ 640
<input type="checkbox"/> Full-Time Student Member **	\$ 50	\$ 60	\$ 70
<input type="checkbox"/> Full-Time Student with 1 year Membership**	\$ 100	\$ 110	\$ 120
<input type="checkbox"/> Full-Time Student Non-Member **	\$ 85	\$ 95	\$ 125
<input type="checkbox"/> One Day Only (Select one <input type="checkbox"/> Wednesday, <input type="checkbox"/> Thursday, <input type="checkbox"/> Friday)	\$ 250	\$ 260	\$ 280

REGISTER 3 OR MORE FROM THE SAME BUSINESS FOR \$250 EACH.

All registered attendees must register at the same time with the same form of payment. Note: Pre-meeting sessions are additional.

Please submit one form for each attendee.

\* Employees of AAPM Pain Program Accredited Facilities may register at Member rate.

\*\* Must provide proof of student or resident status, by fax at the time of registration. Please fax to 209-533-9750

Clinical Meeting Registration Subtotal \$ \_\_\_\_\_

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### GUEST REGISTRATION

Allows entrance to Exhibit Hall and Academy non-catered academic sessions.

Guests may not attend symposia or plenary sessions. Number of Guests \_\_\_\_\_ x \$65 per guest

Guest Registration Subtotal \$ \_\_\_\_\_

**TOTAL \$ \_\_\_\_\_**

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### PAYMENT INFORMATION

Enclosed is my check or money order payable to AAPM (US funds only) Total \$ \_\_\_\_\_

Please charge to:  Visa  Mastercard  Discover  Amex

Name on Card \_\_\_\_\_

Credit Card # \_\_\_\_\_ Expiration Date (MM/YY) \_\_\_\_\_ Verification Number \_\_\_\_\_

Billing Address (required) City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

MAIL  
OR  
FAX!

# Agenda

**Monday** **September 20**

3:00 PM EARLY REGISTRATION

**Tuesday** **September 21**

7:00 AM REGISTRATION OPENS

**EXPLORING**  
**THE SCIENCE**  
**PRACTICING**  
**THE ART**  
INTEGRATIVE PAIN MANAGEMENT  
FOR OPTIMAL PATIENT CARE

## Tuesday, September 21 (Pre-meeting)

### Full-Day Courses

#### **Interventional Treatments for Pain (Cadaver course, offsite): 8:00 AM-4:00 PM (6 hours/credits)**

Christian D. González, MD

This intensive course, consisting of both didactic presentations and hands-on components using cadavers, will cover multiple techniques, including facet joint injections, interlaminar cervical ESIs, and radiofrequency lesioning.

#### **Practice Management: 7:30 AM-4:35 PM (7 hours/credits)**

Catherine O'Connell, PhD; Steve Mann, PhD; Mark J. Rubin, MD; Thomas J. Romano, MD, PhD

This program will examine the fundamentals of pain practice management. Experts who are all engaged in running practices will discuss how practitioners can make informed, effective decisions for their individual practices. Marketing, billing, and office policies will also be discussed.

#### **Proper Prescribing for Chronic Pain: 7:30 AM-4:35 PM (7 hours/credits)**

Faculty Pending

This 7-hour, case-based program will discuss the role of opioids as part of a comprehensive pain management program. Topics include opioid rotation and conversion, managing patient expectations, and medico-legal issues.

### **Morning Courses** **7:30 AM-12:05 PM (4 hours/credits)**

#### **Hypnosis in the Management of Pain and Pain Syndromes (Part 1)**

Jan M. Burte, PhD, MsCP, and Marlene L. Levy, PhD, LCSW

This workshop will provide an introduction to hypnosis for practitioners who deal directly with pain. Basic concepts of psychosemantics, induction, intervention, and posthypnotic suggestion relevant to treating chronic pain and its related issues will be reviewed.

#### **Strain/Counterstrain for Myofascial Pain**

Bettina Herbert, MD

This 4-hour workshop will familiarize practitioners with the basic concepts of strain/counterstrain, an osteopathic technique that may be used to quickly and effectively treat myofascial pain and other conditions.

#### **Myofascial Pain: Integrating Objective Physical Findings with Treatment Strategies**

Jay P. Shah, MD This workshop will blend the latest science on the pathophysiology of myofascial pain with assessment and treatment techniques. Participants will have an opportunity to practice dry needling and physical medicine modalities, including electrical stimulation.

### **Afternoon Courses** **1:05-4:35 PM (3 hours/credits)**

#### **Hypnosis in the Management of Pain and Pain Syndromes (Part 2)**

Jan M. Burte, PhD, MsCP, and Marlene L. Levy, PhD, LCSW

This course will be a follow-up to *Hypnosis in the Management of Pain and Pain Syndromes (Part 1)* and cover more advanced topics related to the therapy.

#### **Increasing Self-Management Behaviors Using a Motivational Interviewing Approach**

Robert Rhode, PhD

Motivational interviewing can be a useful tool to increase self-management behaviors in pain patients. This helping style will be described using video examples of what patients say. Participants will also practice guiding the patient to develop reasons for doing pain management behaviors.

#### **Grab Hold: Physical Therapy for Pain Management**

Thomas Watson, PT, DPT, MEd, and Debbie Arnold, PT

This workshop will include demonstration and practice of oscillation/stretch techniques, specifically for types 1 and 2 mechanoreceptors in the cervical region, shoulders, and low back. Total Motion Release technique will also be discussed and demonstrated.

### **Keynote Address (4:40-5:40 PM)**

**1. Pain and Consciousness: Thinking Outside the Box** Perry G. Fine, MD

### **President's Reception and Exhibits (5:30-7:30 PM)**

The Academy reserves the right to make changes in the program at any time. Course descriptions and learning objectives will be available on the Academy's website: [www.aapainmanage.org](http://www.aapainmanage.org)

# Agenda

Wednesday

September 22

7:00 AM

REGISTRATION OPENS

## Wednesday, September 22 (Meeting Day 1)

6:25-7:25 AM	<b>Experiential Session: Therapeutic Stretching (nonaccredited)</b> Mark Spanos, CMTPT		
6:00-7:30 AM	<b>Breakfast Symposium (possible)</b>		
7:30-8:30 AM	<b>2. The Brain in Pain</b> Michael Moskowitz, MD, MPH		
8:35-9:35 AM	<b>3. Chronic Stress and Pain</b> Roberta Lee, MD	<b>6. Functional Restoration for Neuropathic Pain</b> Steven Lavender, B.PTHY	<b>9. Making Wise Analgesic Choices: Avoiding Drug-Drug and Drug-Disease State Interactions</b> Charles D. Ponte, PharmD
9:35-10:00 AM	<b>Break and Exhibits</b>		
10:00-11:00 AM	<b>4. Food and Mood</b> Victoria Maizes, MD	<b>7. Update on Pharmacologic Options for Neuropathic Pain</b> Mark S. Wallace, MD	<b>10. Is Your Patient in Pain, Suffering, or Both? A Neuro/Bio/Psychological Approach</b> Richard Cox, MD, PhD, DMin
11:05-12:05 PM	<b>5. Dietary Supplements for Pain and Headache Management</b> Robert A. Bonakdar, MD	<b>8. Cannabis in Pain and Palliative Care</b> Donald I. Abrams, MD	<b>11. The Gestalt Approach to Pain and Symptom Management in the Cancer Patient: Whole Care for the Whole Person</b> Larry C. Driver, MD
12:05-1:35 PM	<b>Lunch Symposium (possible)</b>		
1:40-2:40 PM	<b>12. Glia as the “Bad Guys” in Dysregulating Pain and Opioid Actions</b> Linda R. Watkins, PhD		
2:40-3:40 PM	<b>Poster Session 1 (nonaccredited)/Exhibits</b>		
3:40-5:50 PM	<b>13. Therapeutic Yoga: Implications and Applications for Patients with Pain</b> Catherine R. Stallworth, MD	<b>14. Mind and Body</b> Michael Moskowitz, MD, MPH, and Marla D. Golden, DO	<b>15. Screening Tools and Urine Drug Screening</b> Gary M. Reisfield, MD

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# Agenda

Thursday

September 23

7:00 AM

REGISTRATION OPENS

EXPLORING  
THE SCIENCE  
PRACTICING  
THE ART

INTEGRATIVE PAIN MANAGEMENT  
FOR OPTIMAL PATIENT CARE

## Thursday, September 23 (Meeting Day 2)

6:25-7:25 AM	<b>Experiential Session: QiGong (nonaccredited)</b> Nadia Linda Hole, MD		
6:00-7:30 AM	<b>Breakfast Symposium (possible)</b>		
7:30-8:30 AM	<b>16. Pharmacologic Approaches to Rheumatoid Arthritis</b> Joan M. Bathon, MD	<b>20. Chronic Pelvic Pain and Interstitial Cystitis: Pearls on Diagnosis and Treatment</b> Bruce S. Kahn, MD	<b>24. Pain Through the Ages: Historical, Cultural, and Philosophical Aspects of Analgesia</b> W. Clay Jackson, MD, DipTh
8:35-9:35 AM	<b>17. Nonpharmacologic Approaches to Rheumatologic Conditions</b> Randy J. Horwitz, MD, PhD	<b>21. Headache: When It's Not a Migraine</b> Michael J. Marmura, MD	<b>25. Cultural Perspectives on Pain for the Ethnic Chinese Population</b> Lara Dhingra, PhD
9:35-10:00 AM	<b>Break and Exhibits</b>		
10:00-11:00 AM	<b>18. Chronic Fatigue Syndrome: Promising New Biomarkers for Diagnosis and Treatment</b> Lucinda Bateman, MD, MS	<b>22. Interventional Therapy for Cancer and Noncancer Pain</b> Paul Sloan, MD	<b>26. Acupuncture Energetics</b> Joseph F. Audette, MD
11:05-12:05 PM	<b>19. Nutrition and Supplements for Fibromyalgia: An Evidenced-Based Approach</b> David C. Leopold, MD	<b>23. Manipulation for Back Pain</b> Marla D. Golden, DO	
12:05-1:35 PM	<b>Lunch Symposium (possible)</b>		
1:40-2:40 PM	<b>27. The Mindful Brain and Pain</b> Philippe Goldin, PhD		
2:40-3:40 PM	<b>Poster Session 2 (nonaccredited)/Exhibits</b>		
3:40-5:50 PM	<b>28. Mindfulness-based Meditation Workshop</b> Philippe Goldin, PhD	<b>29. Trigger Point Therapies for Hip and Buttock Pain</b> Victoria L. Magown, CMTPT, LMT, RMTI	<b>30. Prolotherapy: From Dextrose to Platelet-Rich Plasma</b> Rick Marinelli, ND
			<b>31. Pain Management in Older Adults</b> Keela Herr, PhD, RN
5:55-7:30 PM	<b>Dinner Symposium (possible)</b>		

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# Agenda

Friday

7:00 AM

September 24

REGISTRATION OPENS

EXPLORING  
THE SCIENCE  
PRACTICING  
THE ART

INTEGRATIVE PAIN MANAGEMENT  
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## Friday, September 24 (Meeting Day 3)

6:25-7:25 AM **Experiential Session: Mindfulness (nonaccredited)**  
Marcia Jean Howton, MD

7:30-8:30 AM **32. Solving the Integrative Medicine Conundrum: Successfully Benefitting Both Payors and Providers**  
Lance Luria, MD

8:35-9:35 AM **33. Integrative Pain Management: Training Acupuncturists to Practice in Allopathic Systems of Care**  
Richard Glickman-Simon, MD

**35. Integrative Pain Management in the Military**

**Developing a Comprehensive Pain Management Strategy for the US Army**  
Mona Bingham, PhD, RN

**Multimodal Therapy in Chronic Pain in the Military: Pharmacodynamics and Alternative Therapy**  
Rajnikant C. Patel, MD

**Clinical and Research Initiatives in Integrative Care for Combat Troops**  
Richard Petri, MD

**Panel Discussion**

9:35-10:00 AM **Break**

10:00-12:05 PM **34. Repetitive Strain Injuries**  
Heather Tick, MD

**36. Integrative Pain Management in the Military**

**Acupuncture for Brain Injuries and Traumatic Stress Responses: It's Not All in Your Head**  
Alain Duncan, MAC, LAc

**VA System-Wide Transformation to a Culture of Patient-Centered Care**  
Ronald B. Norby, MSN, MBA

**An Integrative Behavioral Approach to Pain Management in the Military and Veteran Population**  
Kathleen S. Brown, PhD

**Panel Discussion**

The Academy is accredited by the ACCME to provide continuing medical education for physicians and seeks accreditation for other disciplines. If a speaker introduces unapproved content or opinion, or violates compliance criteria, the Academy reserves the right to deny CME/CE credit to the program.

Some of the courses presented at this meeting may be outside your scope of practice and are intended to provide an understanding of practices or procedures and how they relate to effective interdisciplinary or integrative pain management. These courses do not prepare or authorize you to add these practices to your scope of practice.

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# Registration

Name: \_\_\_\_\_

Please write desired class # in designated space.

	Desired #		Desired #
<b>TUESDAY, SEPTEMBER 21</b>		<b>THURSDAY, SEPTEMBER 23</b>	
Interventional Treatments for Pain (cadaver course, offsite)		QiGong	
Practice Management: Getting What You Want from Your Practice		16. Pharmacologic Approaches to Rheumatoid Arthritis	
Proper Prescribing for Chronic Pain		17. Nonpharmacologic Approaches to Rheumatologic Conditions	
Hypnosis in the Management of Pain (Part 1)		18. Chronic Fatigue Syndrome: Promising New Biomarkers for Diagnosis and Treatment	
Osteopathic Manipulation		19. Nutrition and Supplements for Fibromyalgia: An Evidenced-Based Approach	
Myofascial Pain: Integrating Objective Physical Findings with Treatment Strategies		20. Chronic Pelvic Pain and Interstitial Cystitis: Pearls on Diagnosis and Treatment	
Hypnosis in the Management of Pain (Part 2)		21. Headache: When It's Not a Migraine	
Increasing Self-Management Behaviors Using a Motivational Interviewing Approach		22. Interventional Therapy for Cancer and Noncancer Pain	
Physical Therapy for Pain Management		23. Manipulation for Back Pain	
1. Pain and Consciousness: Thinking Outside the Box		24. Pain Through the Ages: Historical, Cultural, and Philosophical Aspects of Analgesia	
<b>WEDNESDAY, SEPTEMBER 22</b>		25. Culturally-Relevant Pain Assessment and Intervention for Chinese Cancer Patients	
Therapeutic Stretching (nonaccredited)		26. Acupuncture Energetics	
2. The Brain in Pain		27. The Mindful Brain and Pain	
3. Chronic Stress and Pain		28. Mindfulness-based Meditation Workshop	
4. Food and Mood		29. Trigger Point Therapies for Hip and Buttock Pain	
5. Dietary Supplements for Pain and Headache Management		30. Prolotherapy Theory and Practice	
6. Functional Restoration for Neuropathic Pain		31. Pain Management in Older Adults	
7. Update on Pharmacologic Options for Neuropathic Pain		<b>FRIDAY, SEPTEMBER 24</b>	
8. Cannabis in Pain and Palliative Care		Mindfulness (nonaccredited)	
9. Making Wise Analgesic Choices: Avoiding Drug-Drug and Drug-Disease State Interactions		32. Solving the Integrative Medicine Conundrum: Successfully Benefitting Both Payors and Providers	
10. Is Your Patient in Pain, Suffering, or Both? A Neuro/Bio/Psychological Approach		33. Integrative Pain Management: Training Acupuncturists to Practice in Allopathic Systems of Care	
11. The Gestalt Approach to Pain and Symptom Management in the Cancer Patient: Whole Care for the Whole Person		34. Repetitive Strain Injuries	
12. Glia as the "Bad Guys" in Dysregulating Pain and Opioid Actions		35. Integrative Pain Management in the Military (Part 1)	
13. Therapeutic Yoga: Implications and Applications for Patients with Pain		36. Integrative Pain Management in the Military (Part 2)	
14. Mind and Body			
15. Screening Tools and Urine Drug Screening			