



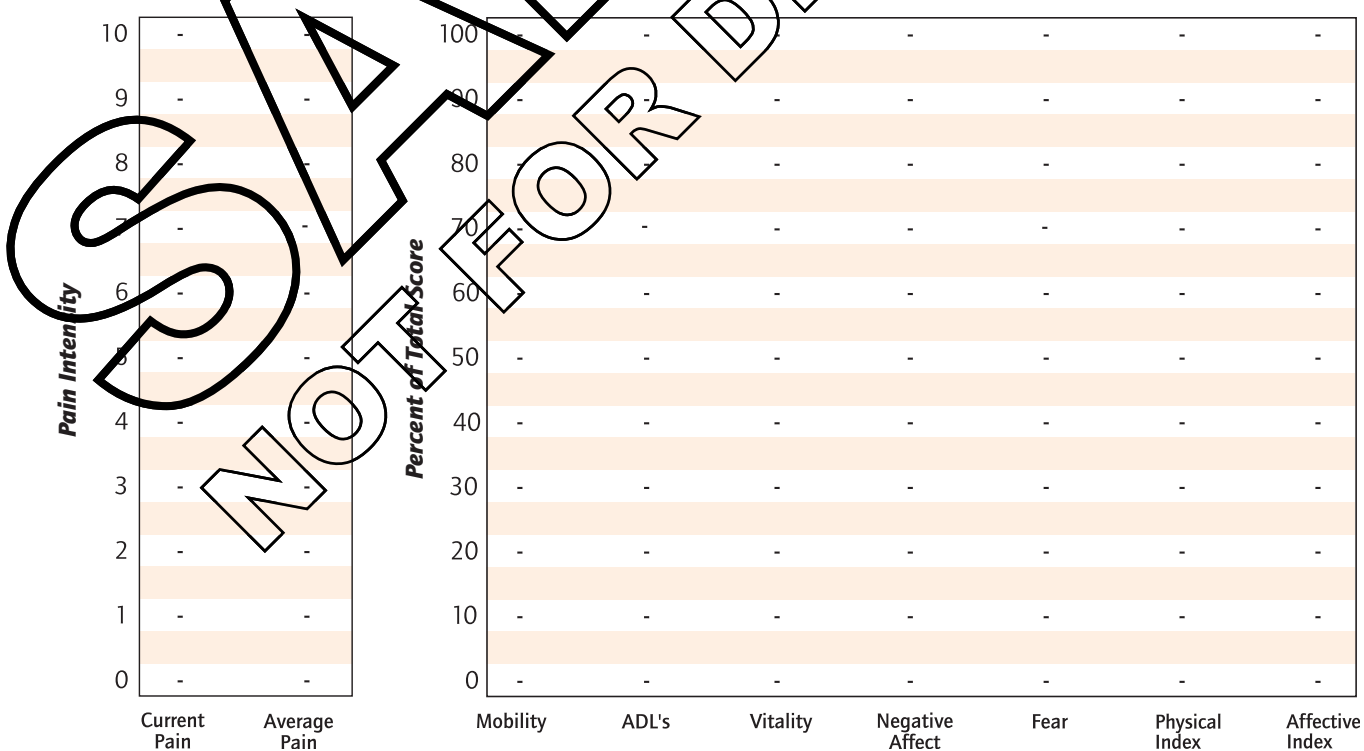
Pain Outcomes Profile Scoring Instrument

Patient Name _____

Patient ID # _____ **Date** _____

Scale Scoring

Mobility	$\frac{(\text{Item 7}) + (\text{Item 11}) + (\text{Item 16}) + (\text{Item 20})}{40} \times 100 = \text{Percent of Total Score}$
ADL's	$\frac{(\text{Item 8}) + (\text{Item 12}) + (\text{Item 17}) + (\text{Item 21})}{40} \times 100 = \text{Percent of Total Score}$
Vitality	$30 - \frac{(\text{Item 9}) + (\text{Item 13}) + (\text{Item 18})}{30} \times 100 = \text{Percent of Total Score}$
Physical Index <i>(optional)</i>	$\frac{(\% \text{ MOB}) + (\% \text{ ADL}) + (\% \text{ VIT})}{3} = \text{Physical Index}$
Negative Affect	$\frac{(\text{Item 6}) + (\text{Item 10}) + (\text{Item 15}) + (\text{Item 19}) + (\text{Item 22})}{50} \times 100 = \text{Percent of Total Score}$
Fear	$\frac{(\text{Item 14}) + (10 - (\text{Item 23}))}{20} \times 100 = \text{Percent of Total Score}$
Affective Index <i>(optional)</i>	$\frac{(\% \text{ NA}) + (\% \text{ Fear})}{2} = \text{Affective Index}$





Cumulative Patient Scoring Record

Patient Name _____

Patient ID # _____

Date _____

Pain *Self-report of pain intensity (0-10)*

Current

Average

Mobility

Self-report of pain-related impairment in mobility (0-100%)

Activities of Daily Living (ADL's)

Self-report of pain-related impairment in completing ADL's (0-100%)

Vitality

Self-reported impairment in activity and energy levels (0-100%)

Negative Affect

Self-report of dysphoric affect and associated symptoms (0-100%)

Fear

Self-report of pain-related fear and avoidance (0-100%)

Physical Index

*(optional 0-100%)
Mean of 3 physical pain-interference scales*

Affective Index

*(optional 0-100%)
Mean of 2 emotional scales*

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